NMD Resource Guide

Identification Documents	**Application Links** ▪ [Driver's License and ID Card](#) o For Reduced Fee Application, contact CSW to request form ▪ [Passport](#) ▪ [Social Security Card](#)
State Benefits Applications *Apply for * in one application via [BenefitsCal](#)*	**Food** ▪ [CalFresh](#)* ▪ [Supplemental Nutrition Assistance](#) (Out of State Youth) ▪ [Disaster CalFresh](#)* (Apply Separately, if Ineligible for CalFresh)
	Employment and Funds ▪ [CalWorks](#)* ▪ [General Aid/General Relief](#)* ▪ [State Supplementary Income](#) (Disability Benefits) ▪ [Department of Rehabilitation](#) (Disability Employment Assistance)
	Medical Insurance ▪ [Medi-Cal](#)* ▪ [County Medical Services Program](#)* (If Ineligible for Medi-Cal)
	Transportation ▪ [Youth on the Move](#)
Jobs	**Opportunities** ▪ [DCFS Youth Jobs and Internships](#)
College Resources	**California Colleges with Foster Youth Programs** ▪ [California State University](#) ▪ [University of California](#) ▪ [California Community Colleges](#) o [Foster Youth Support](#)
	Financial Aid ▪ [FAFSA](#)
	Testing ▪ [College Board](#)
Contact	**ILP Contacts [List](#)**
	Hotlines with 24/7 Immediate Support ▪ [SASH (Substance Use Disorder Support)](#): (844) 804-7500 ▪ [FURS (Current/Former Foster Youth Support)](#): (833) 939-3877 ▪ [DMH (Mental Health Support)](#): (800) 854-7771

Last Updated 4/2025